FHZMPMXAM

Base Product



OM3 MPO (Unpinned) to MPO (Pinned), InstaPATCH® 360 Armored Preterminated Trunk Cable, 144-Fiber, Plenum

Alternative products available:

UHXMPMXCM Ultra Low Loss (ULL), OM4 MPO (Unpinned) to MPO (Pinned), InstaPATCH® 360 Armored Pre-

terminated Trunk Cable, 144-Fiber, Plenum

Product Classification

Regional Availability

Asia | Australia/New Zealand | China | Europe | India | Latin

America | Middle East/Africa | North America

Portfolio CommScope®

Product Type Fiber trunk cable assembly
Product Brand SYSTIMAX InstaPATCH® 360

Ordering Note For lengths greater than 999 ft (304 m), orders must be in meters | Minimum length

may vary based on cable configuration

General Specifications

Color, boot ABlackColor, connector AAquaColor, boot BBlackColor, connector BAqua

Construction Type Armored | Stranded

Furcation Color Aqua

 Interface, Connector A
 MPO-12/UPC Female

 Interface, Connector B
 MPO-12/UPC Male

Jacket Color Aqua

Polarity Method B (LL)

Fibers per Subunit, quantity 12

Total Fibers, quantity 144



FHZMPMXAM

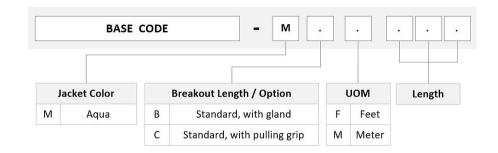
Dimensions

Breakout Length 33 in

Cable Assembly Length Range (m) 3 - 999

Cable Assembly Length Range (ft) 10 - 999

Ordering Tree



Mechanical Specifications

Cable Retention Strength, maximum 11.24 lb @ 0 ° | 4.40 lb @ 90 °

Optical Specifications

Fiber Mode Multimode

Fiber Type OM3, LazrSPEED®

Environmental Specifications

Operating Temperature -10 °C to +60 °C (+14 °F to +140 °F)

Environmental Space Indoor | Plenum

Regulatory Compliance/Certifications

Agency	Classification
ANATEL	Compliant
CHINA-ROHS	Above maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on www.commscope.com/ProductCompliance
ROHS	Compliant/Exempted
UK-ROHS	Compliant/Exempted



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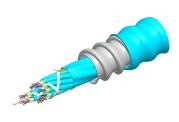
Included Products

760119768 – Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with P-144-MZ-5L-F12AQ plenum jacket, Multimode OM3, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

860647047 - MP012, LOW LOSS, MALE, OM3/4, AQUA, 3mm 860647054 - MP012, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm



760119768 | P-144-MZ-5L-F12AQ



Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with plenum jacket, Multimode OM3, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

Product Classification

Regional Availability

Asia | Australia/New Zealand | Latin America | Middle East

12

/Africa | North America

Portfolio CommScope®

Product Type Fiber indoor cable

Product Series P-MZ

General Specifications

Armor Type Interlocking aluminum

Cable Type MPO trunk cable

Construction TypeArmoredSubunit TypeGel-freeJacket ColorAquaJacket MarkingFeet

Fibers per Subunit, quantity 12

Total Fiber Count 144

Dimensions

Subunit, quantity

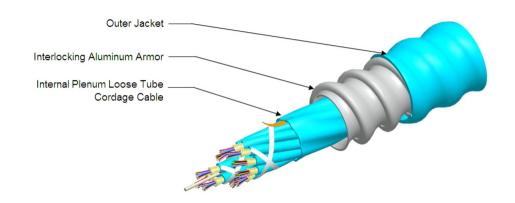
Buffer Tube/Subunit Diameter3 mm | 0.118 inDiameter Over Armor20.96 mm | 0.825 in

Diameter Over Jacket 23 mm | 0.906 in

Representative Image



760119768 | P-144-MZ-5L-F12AQ



Mechanical Specifications

Minimum Bend Radius, loaded345 mm13.583 inMinimum Bend Radius, unloaded230 mm9.055 in

Tensile Load, long term, maximum 400 N | 89.924 lbf

Tensile Load, short term, maximum 1335 N | 300.12 lbf **Compression** 85 N/mm | 485.363 lb/in

Compression Test Method FOTP-41 | IEC 60794-1 E3

Flex 300 cycles

Flex Test Method FOTP-104 | IEC 60794-1 E6

Impact 35 N-m | 309.776 in lb

Impact Test Method FOTP-25 | IEC 60794-1 E4

Strain See long and short term tensile loads

Strain Test Method FOTP-33 | IEC 60794-1 E1

Twist 10 cycles

Twist Test Method FOTP-85 | IEC 60794-1 E7

Vertical Rise, maximum 104 m | 341.207 ft

Optical Specifications

Fiber Type OM3, LazrSPEED® 300 | OM3, LazrSPEED® 300

Environmental Specifications

Installation temperature 0 °C to +70 °C (+32 °F to +158 °F)

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760119768 | P-144-MZ-5L-F12AQ

Operating Temperature 0 °C to +70 °C (+32 °F to +158 °F)

Storage Temperature $-40 \,^{\circ}\text{C}$ to $+70 \,^{\circ}\text{C}$ ($-40 \,^{\circ}\text{F}$ to $+158 \,^{\circ}\text{F}$)

Cable Qualification Standards ANSI/ICEA S-83-596 | Telcordia GR-409

Environmental Space Plenum

Flame Test Listing

NEC OFCP (ETL) and c(ETL)

Flame Test Method

NFPA 130 | NFPA 262

Environmental Test Specifications

Heat Age 0 °C to +85 °C (+32 °F to +185 °F)

Heat Age Test Method IEC 60794-1 F9

Low High Bend 0 °C to +70 °C (+32 °F to +158 °F)

Low High Bend Test Method FOTP-37 | IEC 60794-1 E11

Temperature Cycle 0 °C to +70 °C (+32 °F to +158 °F)

Temperature Cycle Test Method FOTP-3 | IEC 60794-1 F1

Packaging and Weights

Cable weight 392 kg/km | 263.412 lb/kft

Regulatory Compliance/Certifications

Agency	Classification

CHINA-ROHS Below maximum concentration value

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system

REACH-SVHC Compliant as per SVHC revision on www.commscope.com/ProductCompliance

ROHS Compliant UK-ROHS Compliant



* Fnotnotes

Operating Temperature Specification applicable to non-terminated bulk fiber cable



860647047



MPO12, LOW LOSS, MALE, OM3/4, AQUA, 3mm

Product Classification

Regional Availability

Asia | Australia/New Zealand | EMEA | Latin America | North America

Portfolio CommScope®

Product Type Fiber connector

General Specifications

ColorAquaColor, bootBlackFerrule GeometryFlat

Interface MPO/UPC Male

Interface Feature Pinned

Total Fiber Count 12

Dimensions

Length60.1 mm | 2.366 inCompatible Cable Diameter3 mm | 0.118 in

Material Specifications

Ferrule Material Polymer

Mechanical Specifications

Cable Retention Strength, maximum 11.24 lb @ 0 °

Optical Specifications

Fiber Mode Multimode

Fiber Type OM3 | OM4

Insertion Loss Change, mating 0.2 dB

Optical Components Standard ANSI/TIA-568-C.3

Insertion Loss Change, temperature 0.2 dB

COMMSCOPE®

860647047

Insertion Loss, maximum0.25 dBReturn Loss, minimum27 dB

Packaging and Weights

Packaging quantity 1

Regulatory Compliance/Certifications

Agency Classification

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system

* Footnotes

Insertion Loss Change, matingTIA-568: Maximum insertion loss change after 500 matings

Insertion Loss Change, temperature Maximum insertion loss change from -10 °C to +60 °C (+14 °F to +140 °F)





MPO12, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm

Product Classification

Regional Availability

Asia | Australia/New Zealand | EMEA | Latin America | North America

Portfolio CommScope®
Product Type Fiber connector

General Specifications

ColorAquaColor, bootBlackFerrule GeometryFlat

Interface MPO/UPC Female

Interface Feature Unpinned

Total Fiber Count 12

Dimensions

 Length
 60.1 mm | 2.366 in

 Compatible Cable Diameter
 3 mm | 0.118 in

Material Specifications

Ferrule Material Polymer

Mechanical Specifications

Cable Retention Strength, maximum $11.24 \text{ lb} @ 0 ^{\circ}$

Optical Specifications

Fiber ModeMultimodeFiber TypeOM3 | OM4

Insertion Loss Change, mating 0.2 dB

Optical Components Standard ANSI/TIA-568-C.3

COMMSCOPE®

860647054

Insertion Loss Change, temperature0.2 dBInsertion Loss, maximum0.25 dBReturn Loss, minimum27 dB

Packaging and Weights

Packaging quantity 1

Regulatory Compliance/Certifications

Agency Classification

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system

* Footnotes

Insertion Loss Change, matingTIA-568: Maximum insertion loss change after 500 matings

Insertion Loss Change, temperature Maximum insertion loss change from -10 °C to +60 °C (+14 °F to +140 °F)